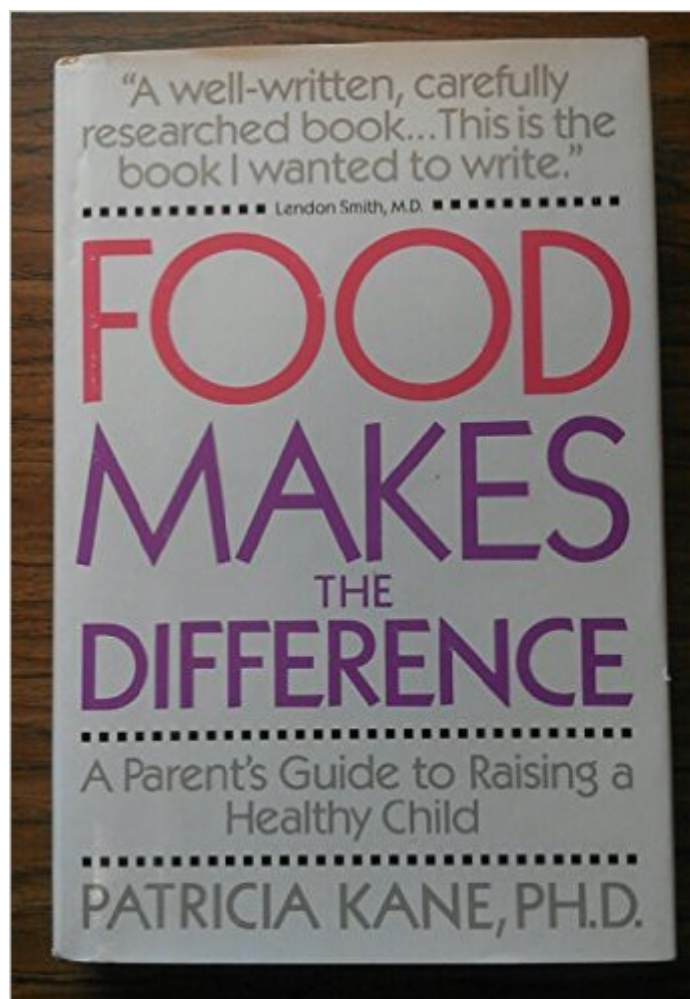


The book was found

Food Makes The Difference



Book Information

Hardcover: 322 pages

Publisher: Simon & Schuster; Revised edition (June 1987)

Language: English

ISBN-10: 0671543237

ISBN-13: 978-0671543235

Product Dimensions: 9.3 x 6.3 x 1.1 inches

Shipping Weight: 1.3 pounds

Average Customer Review: 3.8 out of 5 stars [See all reviews](#) (5 customer reviews)

Best Sellers Rank: #1,585,906 in Books (See Top 100 in Books) #58 in [Books > Health, Fitness & Dieting > Children's Health > Allergies](#) #259 in [Books > Health, Fitness & Dieting > Nutrition > Food Allergies](#) #2663 in [Books > Medical Books > Medicine > Internal Medicine > Pediatrics](#)

Customer Reviews

After discovering my son was allergic to a third of his normal diet I was faced with a dilemma - How to feed a nutritional diet without overloading the child with the foods he could still eat. Although most allergy books suggest rotating foods and food families this is the only book I found with easy to follow charts (which you can copy and put to use immediately) and step by step guides to adapting a rotation diet for the whole family. Great inspirational success stories also!

This book was a life changer for me. My son has ADD and life was always like rolling a large boulder uphill-exhausting mentally, physically, spiritually. I had two other children who needed me too. This book offered me hope that food could make a difference in the behavior and success of my child. The stories in the book are from real life and show the body's ability to heal a large number of conditions and allergic/sensitive responses if given the proper nutrients. Dr Lendon Smith in the forward says "this is the book I wish I had written". I never owned my own copy, but checked it out from the library again and again. Referred people looking for various kinds of help for their children to this book repeatedly. I know people whose children's lives have probably been saved by the wisdom from this book. It is from one of these that I learned of the availability of this book from .com. This is one of just 3 or 4 books that have affected me like this in my life. This is a great book if you have children with physical/behavioral problems that the medical community seems to have no answers for except dangerous medications.

The book shows how one mother helped her son after a brain-trauma injury. The doctors told her to put him away, but she didn't listen. His story plus ways of helping your child are included in this marvelous wor

This was only a few pages of very general information that could be found anywhere. I would save the money and buy an actual book.

Had a vested interest in this book. I helped Patricia Kane put the book into the computer.

[Download to continue reading...](#)

Food Makes the Difference Teacher Evaluation That Makes a Difference: A New Model for Teacher Growth and Student Achievement What a Difference a Daddy Makes: The Indelible Imprint a Dad Leaves on His Daughter's Life Practice Makes Perfect Basic Spanish, Second Edition: (Beginner) 325 Exercises + Online Flashcard App + 75-minutes of Streaming Audio (Practice Makes Perfect Series) Practice Makes Perfect Spanish Verb Tenses, Premium 3rd Edition (Practice Makes Perfect Series) Practice Makes Perfect Basic English, Second Edition: (Beginner) 250 Exercises + 40 Audio Pronunciation Exercises (Practice Makes Perfect Series) Practice Makes Perfect English Vocabulary for Beginning ESL Learners (Practice Makes Perfect Series) 100 Exotic Food Recipes (Puerto Rican Food Recipes,Picnic Food RecipesCaribbean Food Recipes,Food Processor Recipes,) ORGANIC COOKBOOK: Healthy And Delicious Baby Food Recipes Which Are Nutritious And Easy To Cook (organic food, food recipes, nutritious food) Homemade Baby Food: 17 Wholesome Baby Food Recipes for Easy, Nutritious, and Delicious Homemade Baby Food (How to Make Baby Food) Raw Food Diet: 50+ Raw Food Recipes Inside This Raw Food Cookbook. Raw Food Diet For Beginners In This Step By Step Guide To Successfully Transitioning ... Vegan Cookbook, Vegan Diet, Vegan Recipes) Raw Food: Lazy Man's Guide To Raw Food Success (raw food, raw vegan, raw food diet, raw vegan diet, 801010, 801010 diet,) The Adobo Road Cookbook: A Filipino Food Journey-From Food Blog, to Food Truck, and Beyond [Filipino Cookbook, 99 Recipes] Filipino Cooking: for beginners - Basic Filipino Recipes - Philippines Food 101 (Filipino Cooking - Filipino Food - Filipino Meals - Filipino Recipes- Pinoy food) The Adobo Road Cookbook: A Filipino Food Journey—from Food Blog, to Food Truck, and Beyond THAI FOOD - VEGAN THAI RECIPES: VEGAN THAI RECIPES FOR THE SLOW COOKER - FRESH THAI FOOD VEGAN RECIPES FOR THE SLOW COOKER (VEGAN THAI SLOW COOKER - THAI FOOD VEGAN RECIPES Book 1) North East Thailand's Best Earn Thai Food and Famous Restaurants (Thailand's Food Guide as voted by 1,000 Thai food experts Book 4) VIETNAMESE VEGETARIAN

FOOD - OUR FAMILY VEGETARIAN RECIPES: VEGETARIAN FOOD RECIPES FROM OUR VIETNAMESE HOME - VEGETARIAN FOOD RECIPES VEGAN RECIPES ASIAN ... RECIPES ASIAN VEGAN SERIES Book 1) Food Politics: How the Food Industry Influences Nutrition and Health (California Studies in Food and Culture Book 3) Slow Cooker Thanksgiving: 21 Recipe for a Perfect Holiday (Healthy Recipes, Crock Pot Recipes, Slow Cooker Recipes, Caveman Diet, Stone Age Food, Clean Food, Holiday Food)

[Dmca](#)